

# Horizon Organic

Omega-3 Large dozen carton

|  |           |                          |              |
|--|-----------|--------------------------|--------------|
| Serving Size 1 egg (50g)   |           |                          |              |
| <b>Amount Per Serving</b>  |           |                          |              |
| <b>Calories</b>  | 70        | <b>Calories from Fat</b> | 40           |
| <b>% Daily Value</b>   |           |                          |              |
| <b>Total Fat</b>   | 4.5g      |                          | <b>7%</b>    |
| Saturated Fat  | 1.5g      |                          | <b>8%</b>    |
| Trans Fat  | 0g        |                          | <b>0%</b>    |
| <b>Cholesterol</b>   | 215mg     |                          | <b>71%</b>   |
| <b>Sodium</b>  | 65mg      |                          | <b>3%</b>    |
| <b>Total Carb.</b>   | 1g        |                          | <b>0%</b>    |
| <b>Protein</b>   | 6g        |                          | <b>10%</b>   |
| Vitamin A  | 6%        | -                        | Vitamin C 0% |
| Calcium  | 2%        | -                        | Iron 4%      |
| * Percent Daily Values are based on a 2,000 calorie diet.<br>Your daily values may be higher or lower depending on your calorie needs: |           |                          |              |
|  | Calories: | 2,000                    | 2,500        |
| Total Fat  | Less than | 65g                      | 80g          |
| Sat Fat  | Less than | 20g                      | 25g          |
| Cholesterol  | Less than | 300mg                    | 300mg        |
| Sodium   | Less than | 2,400mg                  | 2,400mg      |
| Total Carbohydrate   |           | 300g                     | 375g         |
| Protein  |           | 50g                      | 65g          |